

Republic of Iraq Ministry of Higher Education and Scientific Research University of Basra College of Pharmacy Clinical laboratory sciences

**Epidemiology for covid -19: : literature of Review** 

#### A report

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# Abstract

A Coronavirus disease 2019 (COVID-19) causing serious respiratory illness such as pneumonia and lung failure was firstly reported in Wuhan city, the capital of Hubei, China.

The etiological agent of COVID-19 has been confirmed as a novel coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), which is most likely transmitted from zoonotic coronaviruses, similar to SARS-CoV previously emerged in 2002. Within a few months of the first report, SARS-CoV-2 has spread across China and worldwide, reaching a pandemic level.

As COVID-19 has triggered enormous human casualties and serious economic loss posing global threats, it is urgent to understand the ongoing situation and to build strategies to contain the viral spread. Currently, various diagnostic kits for testing COVID-19 are available and several repurposing therapeutics for COVID-19 have shown to be clinically effective. In addition, global institutions and companies have begun to develop vaccines for the prevention of COVID-19. Here, we review current status of epidemiology, diagnosis, treatment, and vaccine development for the COVID-19.



### **Graphical abstract**

### Introduction

In *December 2019*, cases of serious illness causing pneumonia and death were first reported in Wuhan, the capital of Hubei, China. Soon after, the number of cases soared dramatically, spreading across China and worldwide. As of *March 25*, more than 400,000 cases of the disease have been confirmed with over 18,000 deaths.

The causative agent of the disease has been confirmed as a novel coronavirus (CoV). The World Health Organization (WHO) announced the official name of the disease as "coronavirus disease 2019 (COVID-19)" and now publicly refers to the

virus as "the COVID-19 virus" (formerly known as "2019-nCoV", or "Wuhan Coronavirus"). Analysis of the viral genome has revealed that the new coronaviruse is phylogenetically close to severe acute respiratory syndrome coronavirus (SARS-CoV) [*Lu R, et al.2020*], the causative agent of a viral outbreak in 2002.

Thus, the new coronavirus has been named "SARS-CoV-2" by the International Committee on Taxonomy of Viruses (ICTV) and other virologists [*Gorbalenya AE et al.2020*].

Coronaviruses are enveloped, positive-sense single-stranded viruses ((+)ssRNA virus) belonging to the family Coronaviridae. Most coronaviruses have 8-10 open reading frames (ORFs). ORF1a and ORF1b are translated into polyprotein 1a (pp1a) and pp1ab, which are processed by viral proteases to produce 16 non-structural proteins containing RNA-dependent RNA polymerase enzyme (RdRp).

The viral RNA is replicated through transcription of a minus-strand template by RdRp. During replication, coronaviruses generate 6-9 subgenomic mRNAs (sgmRNAs), which lead to translation of accessory and structural proteins from downstream ORFs [*Sola I 2015*]. Spike (S), envelope (E), membrane (M), and nucleocapsid (N) proteins, necessary for completion of a viral replication cycle, are translated from sgmRNAs [*Fehr AR 2015*]

Many coronaviruses are known to infect humans and various animals. In general, 15-30% of common colds are caused by human coronaviruses (HCoVs) including HCoV-229E, HCoV-NL63, HCoV-OC43, and HCoV-HKU1 [*Fung TS 2019*]. However, some coronaviruses from animal reservoirs can be transmitted to humans causing outbreaks in the human population.

The SARS-CoV outbreak in 2002 originated from bats in China [*Li W et al. 2005*] and the Middle East respiratory syndrome coronavirus (MERS-CoV) outbreak in 2012 from dromedary camels, though also likely transmitted from bats, in the Middle East [*Corman VM et al. 2014*]. Although the origin of the SARS-CoV-2 outbreak has not yet been identified, it has been reported that SARS-CoV-2 might be transmitted by bats [*Zhou P et al. 2020*], snakes [*Ji W 2020*], or pangolins [*Liu P*]

2019 ]. Unlike HCoVs, these zoonotic viruses infect both humans and various animals and cause severe respiratory illnesses such as acute respiratory distress syndrome (ARDS) and pneumonia, leading to death [*GrahamRl 2013,PierisJS et al* 20030. The symptoms of COVID-19 are more severe in older age groups with comorbidities, while allergic diseases, asthma, and chronic obstructive pulmonary disease (COPD) are also risk factors [*Yang X et al2020,ZhangJJ*].

Since 2000, various zoonotic coronaviruses have been circulating in the animal reservoir [*Liu P2019,WongACP 2019*]. Particularly, MERS became endemic in Saudi Arabia and other Middle Eastern countries [*WillmanM2019,Reusken CB et al2016*]. At this point, we cannot exclude the possibility of other coronavirus outbreaks in the future. The following is a review of the current status of epidemiology, diagnosis, therapeutics, and vaccines against COVID-19 and related coronaviruses.

## Epidemiology

The number of COVID-19 cases reported to the WHO has been growing since the first report of COVID-19 in December 2019 from the WHO China Country Office(*Accessed 28 Feb. 2020*.)The infection began to spread from the Huanan seafood wholesale market in Wuhan, China, while the exact infection route of the first case remains unclear.

- The number of confirmed cases in China grew until mid-*February* 2020.
- Then, the number of daily new cases in China started to decrease from late-*February 2020* (Fig. 1).

A sudden increase of the cases in China on *February 17* is due to the change in COVID-19 diagnostic criteria.

At the time of writing (*March 19, 2020*), COVID-19 cases continue to be reported globally from over 170 countries. As of *March 15, 2020, 153,517* laboratory-confirmed COVID-19 cases with 5,735 deaths (*approximately 3.8% mortality*) have

been reported according to WHO. (Accessed 02 Mar. 2020., Accessed 19 Mar. 2020] (Fig. 2).

Fig.1.Cumulative confirmed cases of COVID-19 in China, as of *15 March, 2020*. Sudden increase of the cases in China on *February 17* is due to the change in COVID-



19 diagnostic criteria.

Fig.2. Global distribution of COVID-19 confirmed cases, as of *15 March, 2020*. Distribution of the confirmed cases of COVID-19 in each country is presented in the diagram.



In the early stages of the global COVID-19 spread, the cases identified outside of China were mostly travelers who were infected in China and then traveled to

areas outside of China. Countries outside of China that reported travel-associated COVID-19 cases were Singapore, Japan, Republic of Korea, Malaysia, Vietnam, Australia, United States of America, Germany, etc. [In the early stages of the global COVID-19 spread, the cases identified outside of China were mostly travelers who were infected in China and then traveled to areas outside of China. Countries outside of China that reported travel-associated COVID-19 cases were Singapore, Japan, Republic of Korea, Malaysia, Vietnam, Australia, United States of America, Germany, etc. [(*Accessed 02 Mar 2020*].

Unfortunately, COVID-19 has begun to spread domestically in South Korea, Italy, Iran, and Japan from mid-*February 2020* [(*Accessed 28 Feb. 2020*](*Fig.3*).

Particularly, in the Republic of Korea, the spread of COVID-19 had been well managed until mid-February.

The number of confirmed cases in South Korea was 31 on *February 18*, 2020 [(Accessed 28 Feb. 2020.] and most of these cases were travelers the event as of *February* from China or their close contacts. However, COVID-19 infections among a religious group in the Daegu metropolitan area and a nearby hospital triggered a sudden spread to other major domestic cities in South Korea in mid-February (*Fig.4*).

As a result, a week later, the confirmed cases soared to 763 and 74.6% of those cases were tied to **24**, **2020**) [(24 Feb 2020].

On *March* 1, the total number of confirmed cases reached 3,526, among which 59.5% belonged to the religious group-related cases [01 Mar 2020].

Fig.3.cumulative confirmed cases of COVID-19 outside of China, as of 15 *March, 2020.* 



Fig.4.Cumulative confirmed cases of COVID-19 in South Korea, as of *15 March, 2020*. Blue bar represents the cumulative confirmed cases before the indicated date. Red bar represents the newly confirmed cases at the indicated date.



The mortality rate of SARS-CoV-2 (3.8%) [*COVID-19*] is lower than that of SARS-CoV (10%) [*Accessed 28 Feb. 2020*.] or MERS-CoV (37.1%)[ (*MERS-CoV*), *November 2019*], but the number of relative infection cases is more than 10 times higher.

Accumulating reports revealed that SARS-CoV-2 can be transmitted from people who are asymptomatic or have mild infections [*Pan X2020- Rothe C2020*].

These features may explain the sudden epidemic spreading of the virus.

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